

# The Marnwood Monthly

March 2011 / Next Issue May 2011



## NEWS FROM THE ADMINISTRATOR

WWW.DCHOMES.CA



GLEN HILL TERRACE  
RETIREMENT LIVING

GLEN HILL TERRACE  
CHRISTIAN HOMES INC.  
200 GLEN HILL DRIVE S  
WHITBY, ON L1N 9W2  
TEL: (905) 430-1666  
FAX: (905) 430-1741

The Sale of Marnwood to Glen Hill Terrace is final on or about March 1<sup>st</sup>. If you would like more information please see the family board. Glen Hill will be hosting a "Meet & Greet Celebration" for staff – date to be finalized so keep your eyes peeled. Glen Hill will also be having a "Town Hall" style meeting for family & friends – again date TBA.

Life at Marnwood will continue to be life "as usual". There should be little to no impact on the daily lives of our residents.

### *WE WANT TO HEAR FROM YOU*

Providing good care and services, meeting the needs of our customers and keeping you happy and satisfied, is our number one goal.

To help us achieve this goal, we need to hear from you! We need to know if you:

- Require further information
- Have any concerns or complaints or
- Have any suggestions for improvements.

Your feedback helps us improve our care and services, and the staff appreciates your positive comments.

Let us know what you think. Please feel free to contact:

- The staff on your unit
- The respective department head  
905-623-5731

**Tracey Werheid** Administrator -16  
**Sandi Young** Office Manager-10  
**Lynn Winnett** – Director of Care – 18  
**Heather Brown** Dietary Manager-15  
**Holly Dobson** Program Manager-14

& Social Service Worker

**Melissa Cookson** Retirement Coordinator-11

Sincerely,  
**Tracey Werheid, Administrator**

## WHAT'S HAPPENING

*The March wind roars  
Like a lion in the sky,  
And makes us shiver  
As he passes by.  
When winds are soft,  
And the days are warm and clear,  
Just like a gentle lamb,  
Then spring is here."  
- Author Unknown*

March is upon us, and with it brings the arrival of daylight savings time (March 13) and the first official day of spring (March 21).

Of course, March would not be complete without celebrating our Irish heritage – Paddy Cauley will be in March 11 and we'll be having a Shamrock Tea on March 17. Don't forget to wear **GREEN** and kiss a leprechaun - should you see one!

Our Lunch-Ins continue to be a huge hit – and this month Residents' Council has decided to order Hamburgers from Harvey's on March 23.

We are excited to get out to the Beech Centre for Smile Theatre's "Canada with Love", see activities for details.

Finally, our monthly Birthday Bash will be held Friday March 25 at 3:30 – Doug Morgan will be here to celebrate all of our March Birthdays.

Signing off...don't forget to check your calendars...

*Cheers*

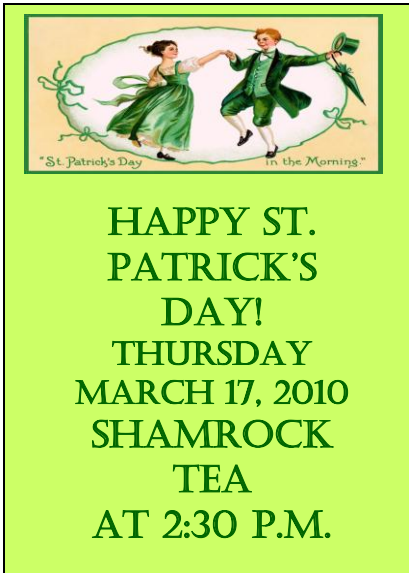
*Holly Dobson,*  
Resident Programs Manager

## March DATES TO REMEMBER

Spring Forward



March 13, 2010



March

Birthday Bash

Friday March 25,

Friday 3:30 p.m.

### Volunteer Corner

We would like to extend a warm welcome to our Newest Volunteers – **Jesse** and **Allison**.

Jesse is quite familiar with Marnwood already! He is looking forward to Helping Residents at Bingo, Special Events, Outings and he also enjoys playing cards. Allison is continuing her education in Gerontology and is enjoying getting to know the residents of Marnwood. Allison is helping out with Lunches – In, Special Events, Hot Chocolate Trolley and more.

We are also very excited to have two co-op students from Bowmanville High School with the Activity department. **Rachel** will be with us Monday to Friday mornings and **Ashley** will be with us in the afternoons. Rachel and Ashley will be helping with exercises, Trivia, cards and special events. Be sure to give all of our new students and volunteers a smile as you see them throughout your day©



We are always seeking dedicated volunteers for the following:

- **Evenings from 6-8pm & Weekends**
- **Palliative Care Volunteers**

**Volunteer Appreciation Week**  
**April 10-16**

If you or someone you know is interested in volunteering, stop by Marnwood and pick up a volunteer application, or email Holly at [hdobson@extendicare.com](mailto:hdobson@extendicare.com), or call 905-623-5731 ext. 14.

We will be honouring our volunteers for all that they do to make Marnwood a better place for our residents on **Thursday April 14 at our Volunteer Breakfast**. If you would like to help us in thanking our volunteers on this day – please contact Holly asap.

WORK YOUR BRAIN

Each month we give you a new puzzle to try to work your brain.

# March WordSearch

W V T A R H P M R R E P D D Y  
 V A R I E S C A A C P S A R A  
 M B O L Y L M F N R J U Y I D  
 A Q U A M A R I N E C A L H S  
 R C Z X W G Y S E S D H I T K  
 D U B Q D J F H X S I B G O C  
 I Y A D S E U T E V O R H S I  
 G X O X Q G A N M F D W T Z R  
 R T P I S H D I E A Q N S T T  
 A M L V V E R R F B S G A K A  
 S E Q C W U C F N G U X V K P  
 Q N C H P B O S I Q L B I L T  
 F E S V M D K A I I K U N N S  
 T A H U I X V Z I P Q V G G T  
 Y M X L G N I R P S E W O K T

AQUAMARINE  
 ARIES  
 ASH WEDNESDAY  
 DAFFODIL  
 DAYLIGHT SAVING  
 FISH  
 MARCH

MARDI GRAS  
 PURIM  
 RAM  
 SHRVE TUESDAY  
 SPRING  
 ST. PATRICK'S DAY  
 THIRD

## What is a Family Council?

### What is a Family Council?

*If you wish to be part of Marnwood's  
Family Council,  
Please Contact Holly ext: 14*

**Family Council is an organized, self-led, self determining, democratic group composed of family and friends of the residents of Long Term Care Homes.**

### Resident's Council

Marnwood's Residents' Council meets the third Thursday of the month at 10:30 in the Main Dining Room

#### President

Isabel Carlson

#### 1<sup>st</sup> Vice President

Verna Lavender

#### 2<sup>nd</sup> Vice President

Doris Welsh

### MORE SPECIAL EVENTS ...

- ❖ March 2-9 – Mardi Gras
- ❖ March 10 – Silvert's Clothing Sale 10:30-3:00
- ❖ March 11- Entertainment with Paddy Cauley
- ❖ March 12 – Entertainment with ken Castle
- ❖ March 16 – Outing –Smile Theatre at the Beech Centre –"Canada with Love"
- ❖ March 17 – St Patrick's Day Shamrock Tea– **WEAR GREEN ALL DAY!**
- ❖ March 17 at10:30– Resident Council & Food Committee Meeting
- ❖ March 24-5– February Birthday Bash with Doug Morgan

### BIRTHDAYS

#### Long Term Care

Shirley McMartin March 10  
Rose Howsam March 18  
Arnold Balsler March 19

#### Retirement

*No March Babies this month*

### IN MEMORY



*Katina Pappas  
August 6, 1922 – January 11, 2011  
Fern Reid  
March 19, 1924 – January 13, 2011  
"Betty" Murdoch  
May 4, 1923 – February 5, 2011*

### WELCOMINGS

**Alma Ard– LTC  
Lucille Cardinal– LTC  
Murray Taub– Ret  
Petronella Vanderheyden– Ret**

Glen Hill Terrace Christian Homes INC  
Marnwood Lifecare Centre  
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We're on the Web!  
See us at: [www.ourhomeyourhomecanada.ca](http://www.ourhomeyourhomecanada.ca)