



COVID-19 UPDATE

June 18, 2020

As certain areas of the Province move forward with Stage 2 of reopening, we will also slowly be returning certain programs in a safe and secure manner.

We are currently working on the preparations to welcome family visitors at our Bowmanville long term care sites. These visits are very restricted at this time. Some of the protective measures include that of:

- The visiting family member must have been tested for covid-19 with negative results within the proceeding 2 weeks of the visit date.
- The family member must wear a mask or face covering.
- The visit will occur outside and family members are required to keep 2 meters away from the resident.
- One family member is permitted to visit at a time.

For more information on our complete policy, please contact the homes directly.

Please be reminded that our Whitby community is a vulnerable population with several residents with multiple chronic health conditions and compromised immune systems. As such, we are continuing to recommend restricted visitation and hope that our community will act with due caution and diligence in ensuring that we all remain Covid-19 free.

All visitors entering the building must enter through the main doors, must screen for symptoms (sign the check-in book), must use the alcohol hand wash and must wear a mask or face covering while in the common areas and when unable to maintain a 2 meter distance for others.

The joyful news is that we have been planning the reopening of several programs that adhere to the Stage 2 reopening restrictions. These programs must not exceed the maximum group size of 10 and as a result of this restriction and resident need, you will notice several changes in how the programs are run and how our in house services are delivered.

The programs that meet this criteria and that we are planning to reopen are:

- Billiards
- Visitation (Spiritual Care)
- Casual Games
- Prayer Meeting
- Shuffleboard
- Darts
- Crafts
- Memory Lane
- Movies (modified)



Our hairdressers, Annette & Bonny, are anxious to get back to work. They have been calling clients from the sign-up lists to schedule appointments starting the week of June 22. You will see a new look to the salon and the way in which it operates. We will be providing you with written guidelines prior to your appointment. Please be patient with us as we adjust to the new way of doing business.

Our foot care nurse, Alice, has been working on a limited schedule seeing clients with higher priority needs. We anticipate the foot care clinic to start back at full capacity next week. Again, the way in which this care is provided will change somewhat, and we will be providing you with written guidelines. Thank you in advance for your patience and co-operation.

A limited number of chairs and tables will be returned to our atrium into designated spaces. Please do not move these items from their marked locations. Distancing and masks/face coverings should be used when in the atrium.

As a reminder....all programs/in house services that are able to restart **MUST** ensure that:

- Group size does not exceed 10 (further group size restrictions may be enforced if the room size does not allow 10 to meet safely)
- All participants follow social distancing rules (6 feet apart)
- All participants wear a mask or face covering during the activity
- All participants wash/sanitize hands before and after the activity.

In our conversation with the activity leaders, some groups have opted not to restart until after the summer holidays. Keep an eye out for activity schedules, to be posted in the upcoming Resident Newsletter.

If you have any specific questions with respect to the above, please call David at 905-430-1666 ext. 223.

The safety and wellbeing of our residents is our primary concern. As we move forward with reopening, let's partner together in keeping each other protected and connected.

We will provide you with more information as it becomes available and thank you in advance for your cooperation.

For the most up-to-date information, please visit ontario.ca/coronavirus.

Thank you for your cooperation.

Ruth McFarlane, C.E.O.